

SummitStone.org

# Help is Available

Behavioral Mental Health & Substance Use Disorder Services in Larimer County

24/7/365 CARE

If you or a loved one are in need of urgent attention for a mental health or substance use crisis:

CALL: (970) 494-4200 ext. 4

# OR WALK-IN 24/7/365:

Acute Care Facility at the Longview Campus 2260 W. Trilby Road, Fort Collins, CO 80526



CALL OR TEXT: 988

TEXT: 'TALK' to 38255

LIVE CHAT: 988Colorado.com



24/7/365
Mobile Response Services

Behavioral health professionals are available to respond, de-escalate & assess crisis situations.

CALL: (970) 494-4200 ext. 4



- · Immediate crisis intervention and de-escalation
- Mental health and substance use screening and assessment
- We can help, no matter your age, income or insurance status





What's going on:
Physical injury including broken bones or excessive bleeding. Unconscious.

# What I should do:

Call 911 or go to your local emergency department.

## can also:

Go to the nearest Urgent Care center.



What's going on: Thoughts of killing or harming one's self or others with or without a plan. I cannot stay safe.

What I should do: Go to 2260 W. Trilby Road, Fort Collins, or call (970) 494-4200 ext. 4 to have mobile services dispatched to you.

*I can also:* Text: 'TALK' to 38255 Call or Text: 988

Live Chat: 988Colorado.com



## What's going on:

Cutting or other harmful behaviors. Suicidal thoughts with no plan or thoughts of wanting to harm others. I am not sure if I can be safe.

What I should do: Go to 2260 W. Trilby Road, Fort Collins, or call (970) 494-4200 ext. 4 to have mobile services dispatched to you.

*I can also:* Text: 'TALK' to 38255 Call or Text: 988

Live Chat: 988Colorado.com



### What's going on:

Thoughts of wanting to self-harm (i.e., cutting) or suicidal thoughts without a plan.

# What I should do:

Immediately call my local therapist or primary care physician.

# I can also:

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# What's going on:

I need support to help with a problem



that's going on but can wait for my therapist or my doctor to call me back. What I should do:

Call my therapist or primary care physician.

### can also:

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### I am having a problem but I am using my skills and can handle this problem right now. No safety concerns.

What I should do: I can wait until my next appointment with my local therapist/primary care physician or

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