



# Join us

for our new GLP-1  
management program



## Join our GLP-1 management program

- One-on-one appointments with a medical provider and a registered dietician for physical evaluation, labs, and individualized health plans
- Five personal training sessions with a personal trainer
- Nine months of ongoing intensive group (optional) and individual nutritional and medical support following medication initiation
- Ongoing clinic management of medication once program is completed
- Three months of virtual instruction regarding metabolic health, diet, exercise, and mental health prior to starting your medication
- **Optional** - Virtual group support sessions

In order for patients to have their insurance through Larimer County cover a GLP-1 prescription, they must participate in this program. Program participants will be reviewed and selected based on established clinical criteria.

## Where

The Wellness Clinic  
2601 Midpoint Dr., Suite 100  
Fort Collins, CO 80525



**Schedule an appointment**  
Call 970-980-2425  
or visit [my.marathon.health](https://my.marathon.health)

